



## ENERGY ENHANCEMENT SYSTEM

**“The power that created the body heals the body”**

***Cell Regeneration, Improved Circulation, Pain Relief, Elevate Mood Sleep Support ...and much MORE!***

The Energy Enhancement System (EE System) combines body, mind, spirit, and science to support optimum performance and reach higher states of health, consciousness, and self-actualization. This system generates multiple bio-active life-enhancing energy fields, including bio-scalar waves and a morphogenic energy field – also known as a torsion field or scalar vortex – that when combined with light as biophotons, can interface with the body’s DNA matrix and promote healing.

This technology gives our body’s the ultimate fuel it needs to rejuvenate and recalibrate us back to homeostasis. Among a myriad of benefits, by assisting in cell regeneration, this system helps to improve one’s immune function, aids in body detoxification, and provides pain relief. The human body has crystalline structures in every cell wall that are capable of holding a charge. When the human body enters a Scalar field the electromagnetic field of the individual becomes excited. This excitement catalyses the mind/body complex to return to a more optimal state. Cells in the human body, when functioning at their maximum health potential, operate in a range between 70-90 millivolts. Ageing and disease occur when cellular energy depreciates to levels below this range (with the current state of the world the majority of the population has cells functioning well below this range).

The non-linear (scalar) waves move through the matrix to the body via the crystalline structures within each cell’s millivolt energy range to promote cellular regeneration. As the cells become charged, they begin to release toxins that have been held in them. Research has indicated that exposure to scalar fields can promote the repair of DNA, including breaks and genetic damage in the DNA matrix, and lengthen telomeres.

This technology gives our bodies the ultimate fuel for improving circulation, oxygenation, and increasing cellular energy. At optimum energy levels (higher frequencies), the body can rejuvenate and recalibrate itself back to homeostasis. Studies over the years have provided evidence of the potential of bio-scalar energy to boost human cell regeneration, immune functions, and neurotransmitter functions. It can help eliminate and nullify the effects of disruptive frequencies in the body while optimising cellular energy levels to 70-90 millivolts.

This means that EESystem can significantly increase your energy, mental clarity, enhanced health, and overall well-being.

## What can I expect to feel?

You have your own divine blueprint. Each person's body has energy needs that will be prioritised by the body's wisdom. You may be surprised by how clear your brain feels and how deeply relaxed you feel within just a few hours in the EE System.

The effects of sitting in this "charged" field are cumulative. The more you are exposed, the more your body can move toward a healthy millivolt level. The body begins to rejuvenate itself and initiates a powerful process of self-healing. EESystem provides the ideal "frequency bath" and the body responds with its innate wisdom, recalibrating to homeostasis.

It is recommended that the minimal session length in the EE System, to optimize cellular health, is two (2) hours. Those individuals with significant health challenges will benefit from 2-4 hours several times a week. To assist in determining what session length is best for you please see a wellness team member and they will confer for the best practice.

## How do I prepare for a session?

Come with an open heart and mind and set intentions to unplug, reboot, relax and support your wellbeing.

We ask that you please arrive 10-15 minutes before your scheduled session to ensure smooth check-in and to allow for any questions you may have.

Drink plenty of water before, during and after your EE session. Proper hydration will help your body adjust to the energy being received.

- Complimentary water and tea will be available.
- Please refrain from wearing perfume
- For your comfort during a session wear comfortable clothes.
- Sleep during treatment is the ultimate goal.
- Our Bio Scalar lounge does not allow mobile phones.
- Sleep masks and ear plugs are also recommended and are available for purchase.
- Bring healthy snacks for replenishment for after your session, especially for those planning a session of four (4) hours or more.
- Please note no food is allowed in the EE System treatment space
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An Ionic footbath or detox bath is highly encouraged immediately following your session to reduce the detoxification side effects and flush toxins. The bath salts are available for purchase at Essential Healing Centre and are beneficial and necessary for toxin extraction.

## What are some of the benefits patients have reported after EE Sessions?

Improved sleep/Improved stress response  
Increased physical stamina and energy  
A sense of peace and calmness / Healing and rejuvenation  
Physical, emotional and spiritual harmony  
Improved focus and concentration / Mental clarity / Elevated mood  
Enhanced learning capabilities  
Improved immune function / Improved pain management  
Improved sense of wellbeing  
Releasing of past traumas  
Relief from depression

# EE System etiquette

Come with clear intentions of what you want to achieve in the EE System. Prepare yourself for the deepest sleep/ meditation of your life and start to allow your body to heal itself.

The EE System room has been designed and created for your comfort and healing.

## During each session we ask the following:

- Be mindful of others during your EE session.
- Cell phones are not permitted to be used in the EE System room. All personal items may be kept in the baskets provided.
- Communication during a session should be kept to a minimum to ensure the optimal level of healing.
- It is important to recognise that healing takes place on a mind, body and soul level. To enhance your Energy Enhancement session experience or healing opportunity, please see a team member to discuss or schedule supplemental therapies that are also available at Essential Healing Centre.

## SPECIAL NOTE:

- **THE SCREENS/RACK SYSTEM CAN NOT BE TOUCHED.**

Any physical contact with the EE System will create the system to be out of balance.

- All sessions must be paid at time the appointment is made.
- Mobile phones must not be used in the room. Non-compliance with this requirement may result in loss of future reservations.
  - Results will vary for each individual.

**I acknowledge that I have read and agree to this document, and you consent to the EE System therapy being offered.**

Signed \_\_\_\_\_ Date \_\_\_\_\_

## Dr Sandra Rose Michael's Salt Bath Recipes

### BATH

Simply put 2 cups of salt in the bath or add suggested ingredients to help facilitate the elimination of any toxins. Pour all the ingredients into a warm-to-hot bath and soak for 30 minutes. Doing a gentle massage during the bath can help the elimination process. Add essential oils and candlelight and send yourself to bath heaven.

### SHOWER

If you do not have a bath make a paste with salt, water and good oil and massage the whole body in the shower.

### RECOMMENDED DETOX

2 cups Salt – Himalayan, sea salt or common salt 2 Cups Baking Soda – Bicarbonate Soda 1 Cup Borax Soak in a hot bath for at least 30 minutes, Just breathe and let everything dissolve into the water

### RADIATION

2 Cups Sea Salt ( Himalayan Salt) 2 Cups Baking Soda

### OXYGENATION/CANCER

2 cups Sea Salt 2 cups hydrogen peroxide (35% solution) 2 Tablespoons EESystem Salt

### GOUT, URIC ACID. KIDNEY

2 cups Sea Salt 1 Qt. Braggs Apple Cider Vinegar 2 teaspoon EE System Salt